

**Life, Love & Leadership Podcast**  
**#37 - PART 2 - Pre-Valentine's Day Special**  
**(With Special Guest Dovid Feldman)**

**AoG - Attitude Of Gratitude**

**What are you thankful  
for? \_\_\_\_\_.**

1. The wife has a role to play, and the husband has a role to play. Her role shouldn't be dependent upon his. And Visa versa. She/he should \_\_\_\_\_ be expressing \_\_\_\_\_ and expressing \_\_\_\_\_ even if he's/she's not. Because someone has got to get off of the crazy cycle.
2. The expression of gratitude isn't about the other partner. The expression of gratitude is all about \_\_\_\_\_. You are the beneficiary of your ability to \_\_\_\_\_ the \_\_\_\_\_.
3. Shortly after (2, 3, 5 years in the marriage), We need to start taking our own \_\_\_\_\_ for how we \_\_\_\_\_ in the marriage.
4. Our partner is \_\_\_\_\_ always responsible for making \_\_\_\_\_ feel good. It's not up to them.
5. If you want to be \_\_\_\_\_ in your marriage \_\_\_\_\_ yourself happy. The way you do that is \_\_\_\_\_ the \_\_\_\_\_, and \_\_\_\_\_ how \_\_\_\_\_ you to have this other person in \_\_\_\_\_ life.
6. The number one marriage/relationship booster is your positive \_\_\_\_\_ of your spouse.
7. This is a key ingredient, we want to raise the bar of \_\_\_\_\_ so that \_\_\_\_\_ doesn't even have the \_\_\_\_\_ to exist, and that \_\_\_\_\_ you, and your \_\_\_\_\_ and \_\_\_\_\_ from any challenges that come from the inside or outside.

### Show Notes & Links:

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Song: Love Notes by Tom Rea: <https://youtu.be/jNTeNJYfzug>

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